

Frederick County Child Health Partnership

Meeting Minutes

Thursday, February 26, 2009

I. Present: Tom Werner, Werner Web

Brett Stark, FCPS

Jennifer Mayer, PPMCO

Kim Marshall, Towson University

Sara Shankle, FCHD

Jackie Douge', FCHD

Nancy Lord, FMH

Angie Blair, FCHD

Marsha Duncan, OCF

Debbie Rhoades, MCE

Darylle Smoot, GSCNC

Christa Williams, FCPS

II. Old Business

a. Goals:

- i. Goals were discussed and work groups will be needed to address objectives and goals for the year. Christa will send out signup sheets for members to volunteer according to their interests.
- ii. There were no changes in the goals by the membership and the January's minutes were approved.

b. Snackwise Project:

- i. Brett Stark has pre/post tests results from Ballenger Middle. Third quarter students have received the lessons and all handouts.
- ii. Debbie Rhoades is working on posters for high school levels to educate students on the project, healthy eating / snacking. Debbie is also working on a snack list that is appropriate for the new healthier mix in the vending machines.

- iii. Christa is working with the vendors to track sales and purchase snacks.
- c. Coalition Alignment Update:
 - i. March 3rd, Carroll County umbrella organization member will speak to area chairs to get more information on how to form a similar coalition in Frederick County.

III. 5-2-1-0 Project

- a. Kim Marshall, MS degree student from Towson University is working with FCHD to pilot the 5210 program in 3 schools to target 4th grade.
- b. Program will be 4 lessons, 15 minutes in length, and co-presented with the school nurses.
- c. Goal of the program is to increase physical activity and healthy eating habits.
- d. Thanks to Kim for presenting this program to the members and allowing input for the presentations.
 - i. Jennifer Mayer from Priority Partners targets lower income families/parents and do nutrition classes in the community. These programs may be a good fit to continue together to reach both kids and parent populations.

IV. Community Stroke Education Seminar at FMH

- a. Saturday, March 14, 2009 from 9-11 am. Location: second floor conference room #4. If you are interested in this program, please **RSVP by 3/10** by fax at 240-566-3716 or email at folksandstrokes@comcast.net seating is limited.

Next meeting is March 26 from 9:30-11:00 (shortened to 1.5 hours) at the University of Maryland Cooperative Extension Office, 330 Montevue Lane.

This will be a work group session....so please come prepared for ideas to bring to your group that you signed up for!!!

